

### **ANAL SURGERY PREPARATION WITH ENEMA**

You will need to go to the pharmacy to purchase:

**Two** Fleet Saline Enemas

- **ONE WEEK** prior to the procedure, avoid aspirin, NSAIDs (Motrin, Aleve, Advil) and all blood thinners (Tylenol is ok).
- **DAY PRIOR** to the procedure, there are no dietary restrictions. Take the **first** Fleet Enema in the evening, around 6 pm.
- **After midnight**, you must completely fast until the procedure. (If your procedure is in the afternoon, this time may be adjusted by the doctor.) You may take most medication with a sip of water. Only withhold medications discussed with the doctor.
- The **DAY OF** the procedure, please perform the **second** Fleet Enema at least **three hours** prior to the procedure.

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You will receive a phone call from our office the day before your surgery to confirm the time of the procedure and to answer any questions.

Please take into consideration the expense and effort required by the office and by the facility to schedule a procedure. Please keep Your appointment unless an emergency arises.

Please arrive at the appropriate time for your scheduled appointment, based on the location of your procedure. It is your responsibility to ensure that any pre-testing you may need (EKG, blood work, chest X-Ray) arrives at our office at least 1 week in advance of your procedure.

#### **Procedure Locations**

**Same Day Surgery at Overlook Hospital** enter the 5<sup>th</sup> floor Main Entrance and proceed to the 6<sup>th</sup> floor Same Day Surgery. Please arrive 2 hours prior to surgery.

**In-patient Surgery at Overlook Hospital** enter the 5<sup>th</sup> floor Main Entrance and proceed to the 4<sup>th</sup> floor Main Operating Room. Please arrive 2 hours prior to surgery.

**Gastro-Surgi Center:** follow directions in packet provided. You may arrive 1 hours prior to your procedure if your procedure is at this facility. Please arrive 1 hour prior to surgery.

**You must bring a picture ID, insurance cards and Covid vaccine records with you the day of the procedure.**