

ANAL SURGERY PREPARATION WITHOUT ENEMAS

(please discuss with your physician if this prep is appropriate for your procedure)

One week prior to the procedure:

Avoid aspirin, NSAIDs (Advil, Aleve, Motrin) and all blood thinners. Tylenol is ok.

On the day prior to the procedure:

There are no dietary restrictions.

After midnight, you must completely fast until the procedure. (If your procedure is in the afternoon, this time may be adjusted by the doctor.) You may take most medication with a sip of water. Please do not withhold any medications unless discussed with the doctor.

You will receive a phone call from our office the day before your surgery to confirm the time of the procedure and to answer any questions.

Please take into consideration the expense and effort required by the office and by the facility to schedule a procedure. Please keep Your appointment unless an emergency arises.

Please arrive at the appropriate time for your scheduled appointment, based on the location of your procedure. It is your responsibility to ensure that any pre-testing you may need (EKG, blood work, chest X-Ray) arrives at our office at least 1 week in advance of your procedure.

Procedure Locations

Same Day Surgery at Overlook Hospital enter the 5th floor Main Entrance and proceed to the 6th floor Same Day Surgery. Please arrive 2 hours prior to surgery.

In-patient Surgery at Overlook Hospital enter the 5th floor Main Entrance and proceed to the 4th floor Main Operating Room. Please arrive 2 hours prior to surgery.

Gastro-Surgi Center: follow directions in packet provided. You may arrive 1 hours prior to your procedure if your procedure is at this facility. Please arrive 1 hour prior to surgery.

You must bring a picture ID, insurance cards and Covid vaccine records with you the day of the procedure.