

### COLONIC SURGERY PREPARATION

You will need to go to the pharmacy to purchase:

1. Antibiotics (prescription has been sent to your pharmacy)
2. Two 10oz bottles of Citrate of Magnesia

#### **One week prior to the procedure:**

Avoid aspirin and all blood thinners (Tylenol is ok).

#### **Two days prior to surgery:**

Begin taking the prescribed antibiotics on the following schedule:

5:00 pm  
11:00 pm

#### **The day prior to surgery:**

Also take the antibiotic on the following schedule:

Upon awakening  
11:00 am  
5:00 pm  
11:00 pm

You will need to limit your diet to clear liquids including fruit juices, Jell-O, popsicles, and broth. Please try to drink at least 2 liters of fluid throughout the day. Beginning at 5pm, please drink your first bottle of Citrate of Magnesia. You should follow the prep with an 8oz glass of clear liquid to rinse your mouth. You should take the second bottle of Citrate of Magnesia at 9pm the evening prior to your surgery.

Take a Hibiclens Shower at some point the evening prior to surgery.

**After midnight** you must completely **fast** until the procedure. This fast does not include: nutrition shakes and medications provided by the hospital.

You will receive a phone call from our office the day before your surgery to confirm the time of the procedure and to answer any questions.

If you are having your procedure at Overlook Hospital, enter the 5<sup>th</sup> floor Main Entrance. Have greeter send you to the 4<sup>th</sup> floor Ambulatory Surgery Desk.

**You must bring a picture ID and insurance card with you.**