

CLENPIQ Preparation for Colonoscopy

If you have had major medical issues or changes in medication since your last examination or visit with our office, please make us aware in advance of your colonoscopy. If you take medications such as diabetes medication, diuretics and/or blood thinners, please inform us when scheduling your colonoscopy.

For one week prior to your colonoscopy:

Do not take **any** aspirin, NSAIDS (Ibuprofen/Motrin), fish oil, vitamin E or iron (Tylenol is ok).

For the four days prior to your colonoscopy:

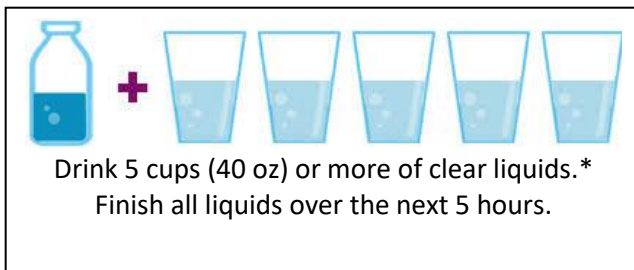
Avoid high fiber foods such as bran, whole wheat, seeds, popcorn, nuts, fresh fruit and fresh vegetables and fiber supplements such as Metamucil. You **MAY** eat cooked, canned, or juiced fruits and vegetables.

On the day before your colonoscopy:

Hydrate well with clear liquids such as Jell-O, broth, clear fruit juices (apple or white grape), black coffee and tea, Italian ices and popsicles throughout the day. Please drink at least two (2) quarts of fluid to avoid dehydration. Do not consume anything red or orange. You may have eggs, milk, plain ice cream and/or yogurt until the first dose of CLENPIQ.

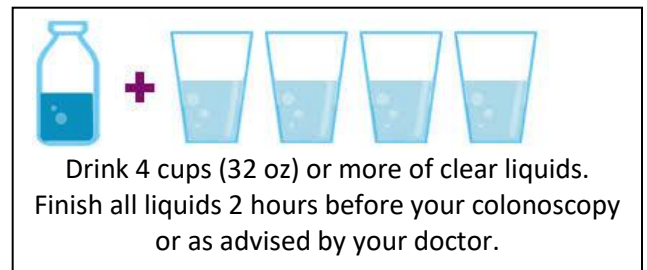
EVENING BEFORE

Between 5:00 – 9:00 pm



MORNING OF

5 hours before procedure



*Note: individuals respond differently to this prep. It may work within 30 minutes but may take up to 12 hours. The laxative effect is intended to be vigorous. Please remain within easy reach of toilet facilities.

Continue to drink clear liquids throughout the evening.

On the day of your colonoscopy:

Take clear liquids the morning of your procedure. Five hours before your colonoscopy is scheduled, take the second dose of CLENPIQ. Follow instructions above. You must drink the 32 oz of clear fluid within 1 hour.

Take nothing by mouth for three hours prior to your procedure. The second dose ensures a clean colon.

If your colonoscopy is scheduled for early morning, you may take the second dose of the prep at 9 pm the night prior to your procedure. Continue clear fluids until 3 hours prior to procedure. Then, nothing by mouth for four hours prior to procedure.

If your stool is not clear (you cannot see through to the bottom of the toilet bowl) prior to your visit, please take a fleet enema 30 minutes before leaving the house. Withhold all medications the morning of your procedure, unless otherwise discussed with your doctor.