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### **Instructions following treatment of a Perianal Abscess**

1. Remove the dressing tonight or tomorrow morning.
2. Upon removal of the dressing, take a bath in warm water for 15 minutes. Continue to take warm baths twice a day for the next week.
3. Apply a cotton ball or gauze to the wound. You can expect a bloody, foul smelling discharge to continue for several days.
4. Keep bowels moving daily. Take a teaspoon of Metamucil (or equivalent fiber supplement) nightly to maintain soft stool.
5. Take pain medication, as needed, in accordance with the label or your prescription.
6. Continue to follow these instructions for 1 week.
7. Call our office if you have a fever, difficulty urinating or increasing pain.
8. Call the office to make a follow-up appointment for 1-2 weeks post treatment.