Dr. Julie A. Lorber
Colon & Rectal Surgeon
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# ANAL SURGERY PREPARATION

You will need to go to the pharmacy to purchase:
**Two** Fleet Enemas

One week prior to the procedure, avoid aspirin and all blood thinners. (Tylenol is ok.)

On the day prior to the procedure, there are no dietary restrictions. Take the **first** Fleet Enema in the evening.

After midnight, you must completely fast until the procedure. (If your procedure is in the afternoon, nothing to eat 8 hours before and nothing to drink 4 hours before your procedure.) You may take most medication with a sip of water.

The day of the procedure, please perform the **second** Fleet Enema at least **three hours** prior to the procedure

You will receive a phone call from our office the day before your surgery to confirm the time of the procedure and to answer any questions.

Please take into consideration the expense and effort required by the office and by the facility to schedule a procedure. Please keep our appointment unless an emergency arises.

Please arrive _____ minutes/hours before your scheduled appointment. It is your responsibility to ensure that any pre-testing you may need (EKG, blood work, chest X-Ray, medical clearance or cardiac clearance) arrives in our office at least 1 week in advance of your procedure.

If you are having your procedure at Overlook Hospital, enter the 5th floor Main Entrance and proceed to Central Access. **You must bring a picture ID & Insurance Cards.**