Dr. Julie A. Lorber
Colon & Rectal Surgeon
33 Overlook Road, Suite 306, Summit, NJ 07901
908.273.2886

ANAL SURGERY PREPARATION

One week prior to the procedure, avoid aspirin and all blood thinners. (Tylenol is ok.)

On the day prior to the procedure, there are no dietary restrictions.

After midnight, you must completely fast until the procedure. (If your procedure is in the afternoon, nothing to eat 8 hours before and nothing to drink 4 hours before your procedure.) You may take most medication with a sip of water.

You will receive a phone call from our office the day before your surgery to confirm the time of the procedure and to answer any questions.

Please take into consideration the expense and effort required by the office and by the facility to schedule a procedure. Please keep our appointment unless an emergency arises.

Please arrive _____ minutes/hours before your scheduled appointment. It is your responsibility to ensure that any pre-testing you may need (EKG, blood work, chest X-Ray, medical clearance or cardiac clearance) arrives in our office at least 1 week in advance of your procedure.

If you are having your procedure at Overlook Hospital, enter the 5th floor Main Entrance and proceed to admitting. **You must bring a picture ID.**